

# HeartMath® Certifies that

Monika Dulian

has successfully met the standards established in the HeartMath Clinical Certification for Stress, Anxiety and Self-Regulation and in so doing has earned recognition as a

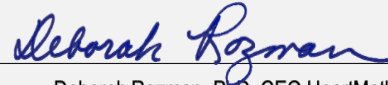
## HeartMath® Certified Practitioner

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Certificate Number

February 7, 2023


Certification Date



Deborah Rozman, PhD, CEO HeartMath LLC



Rollin McCraty, PhD, Director of Research, HeartMath Institute



Tricia A. Hoffman, Director Training and Licensing, HeartMath LLC

